

Madera High School

200 South L Street
(559) 675-4444

December 2019



Principal's Message

It is an honor to work alongside dedicated and supportive parents/guardians, students, staff, and community stakeholders. Madera High is committed to creating and sustaining a culture that empowers students to be college and career ready contributing members of society. We also continue to set high standards for perseverance, respect, integrity, and dedication, with a commitment to excellence ~ Coyote PRIDE.

Best wishes for a very happy and joyous holiday season with a safe and healthy new year!

Student High

Giovanni Prudente is the definition of a leader in every sense of the word! When he's not planning and coordinating the next rally, school dance or any and all other school activities we have going on you can find him volunteering at the animal shelter or prepping for his next theatre performance. His dedication and drive is unparalleled. He is Junior Class President, Founder and President of Animal Helpers Club, Safe School Ambassador, Mascot, ASB, the list goes on and on. He is involved in countless extracurricular activities all while taking some of our most rigorous courses that we offer, maintaining above a 4.0 gpa every semester. Giovanni is beyond impressive and an outstanding young man. I know he will have a very successful future and I'm extremely proud to be his counselor.



Amanda Ramirez

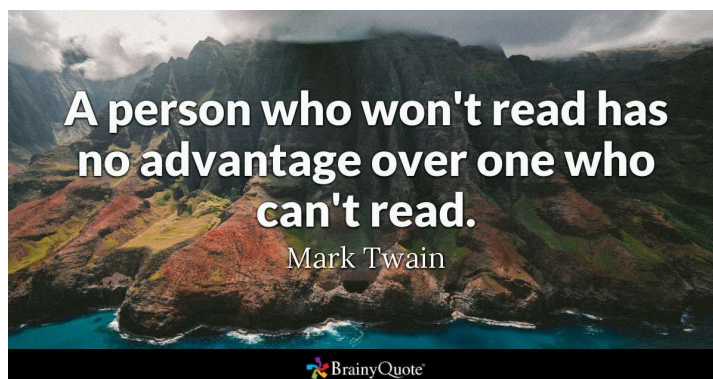
School Climate & Culture

Every day students are recognized for demonstrating positive behaviors by staff.

PRIDE = **P**erseverance, **R**espect, **I**ntegrity, **D**edication, and **E**xcellence.

Congratulations to the following students and teachers for their commitment to COYOTE PRIDE!

<u>Friday, October 25</u>	<u>Friday, November 1</u>	<u>Friday, November 15</u>	<u>Friday, November 22</u>
<u>Respect</u> Marisela Eugenio nominated by Lopez Skyler Andaverde nominated by T. Needham	<u>Perseverance</u> Valerie Ornealas nominated by H. Dockery	<u>Perseverance</u> Neveah Fernandez nominated by L. Torrez Michael Angulo nominated by S. Prado	<u>Perseverance</u> Hakeem Alamari nominated by Alix Feinberg, Speech
<u>Dedication</u> Kris Ochoa nominated by Perez	<u>Respect</u> Alvaro Martinez nominated by S. Brown	<u>Respect</u> Taytem Saucedo nominated by Martha Gill, LVN	<u>Dedication</u> Thomas Delacruz nominated by Mrs. Cantu
<u>Excellence</u> Katelyn Levy nominated by Markarian Christian Mendoza nominated by D. Needham	<u>Integrity</u> Miguel Gonzalez nominated by L. Gomez	<u>Dedication</u> Daniel Canino nominated by Mrs. Petry Aaliya Marquez nominated by Mrs. Cantu	<u>Excellence</u> Hannah Tuck nominated by Mr. Needham Melody Juarez nominated by J. Vukovich Esteban Rivera nominated by Mrs. Sanchez
<u>Teacher Winner</u> Theresa Needham	<u>Dedication</u> Alex Rios nominated by Petry	<u>Teacher Winner</u> Sylvia Prado	<u>Teacher Winner</u> Mr. Needham
	<u>Excellence</u> Morgan Sweet nominated by T. Brass		
	<u>Teacher Winner</u> Stacy Brown		



AVID

On Halloween, students were treated to a pizza party during lunch. They were introduced to the AVID staff team and assigned an AVID advisor. Advisors will check in regularly with students to monitor progress and provide additional support. Mr. Strobel discussed the upcoming college visit to Fresno State on November



9th. Students and parents will have the opportunity to tour the campus and attend the football game to watch the Bulldogs take on Utah State.



Curriculum, Instruction, & Assessment

As the first semester winds down, you are invited to view your student's grades on Aeries. It is imperative that students turn in all missing assignments and complete any tests they may need to complete or retake. All grades received so far have been progress grades, meant to show the progress of learning, and are not reflected on transcripts. The semester grades will be uploaded no later than December 20, 2019. Semester grades are official and will be recorded on your child's transcript.



Any classes that receive a failing grade must be repeated in summer school or through after school classes called Edgenuity in order to be eligible for graduation.

Fall finals schedule:

- December 18 7:50 am - 12:30 pm, Periods 1 & 2
- December 19 7:50 am - 12:30 pm, Periods 3 & 4
- December 20 7:50 am - 12:30 pm, Periods 5 & 6

School resumes, Tuesday, January 14, 2020.

Nurse News



Did you know...

The American Academy of Pediatrics recommends the following hours of sleep for teenagers *nightly*:

-13 to 18 years of age should sleep 8 to 10 hours

These hours are recommended on a regular basis to promote optimal health. Adequate sleep leads to improved attention, behavior, learning, memory, emotional regulation, quality of life, and mental and physical health.

Not getting enough sleep each night is associated with an increase in injuries, hypertension, obesity, anxiety, and depression, especially for teens who are at a higher risk for the listed symptoms. If you know students who are chronically sleep deprived, encourage them to see their doctor. Feeling sleep deprived can make everything feel worse; school, friends, even daily activities can be difficult. Talk with your students and take advantage of the

extra time, as we come upon the holidays and have time away from school.

Encourage adequate sleep, water, healthy eating, exercise, and time with friends and family!

School Psychologists

Good physical health prepares the body and mind to be more resilient. Healthy eating habits, regular exercise and adequate sleep protect kids against the stress of tough situations. Regular exercise also decreases negative emotions such as anxiety, anger, and depression.

Making sure that children and adolescents achieve academically is great protection against adversity. Children who achieve academic success and who develop individual talents, such as playing sports, drawing, making things, playing musical instruments or playing games are much more likely to feel competent and be able to deal with stress positively. Social competency is also important. Having friends and staying connected to friends and loved ones can increase resiliency. Social competency can even be created by helping others.



December Events

December 2:
Community College
Online Orientation

December 4:
FAFSA/Dream Act Workshop-UC
reps will be available to help
seniors 3:00pm-5:30pm-Library

December 7:
SAT & Subject Tests @MHS

December 9:
Coyote Preview (8th Grade Tours)
@9am
Parent Night for Incoming 9th
Graders @5:30pm

December 10:
PTA Meeting @6pm

December 12-13:
Keith Hawkins "Day of
Understanding" program (1/2 day in JF
Gym)

December 14:
ACT @MHS (8am)

December 17:
Link Crew's "Coco & Cram" finals
study session @3:15pm in Cafe

December 18-20
Final Exams (Fall semester) /
Grades due by 3:30pm on 12/20/19

Counseling News-

SENIORS--Remember Community College Online Orientation opens December 2nd, 2019. This date is important to you because completion of orientation gives you a time-stamp which determines your REGISTRATION date in April 2020-Counselors will be available in your Civics/Economics classes to help with this process.

Make sure you are checking you emails with regards to any communication from financial aid and colleges. Take any actions required if asked to do so immediately.

Scholarships-Seniors make sure you ask for letters of recommendation prior to Christmas break if you want to have a letter written for you. Scholarship applications are due Tuesday, January 28, 2020 at 3:30pm in the Career Center.

Students--The semester is quickly coming to an end. Please check with your teachers to get any possible missing assignments and makeup tests before finals.

Counselors will be busy with 8th grade pre-registration this month during the week of 12/9-12/ 13 in case you are looking for your counselor, make sure you leave an appointment notice.

Finals are Wednesday-Friday, 12/18, 19 & 20th make sure you are present.

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Coyote Athletics

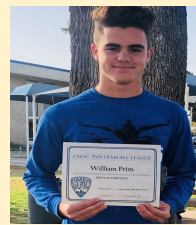
November was a busy month for the Coyotes as we ended the Fall Season of Sport and transition into the Winter. Our Fall Athletic Programs paced the Coyotes with a great start to the school year with (3) programs earning CMAC League Championships!! The (3) were Women's Volleyball, Women's Water polo and Women's Cross Country!! The Coyotes also claimed another individual Valley Championship with Senior Cross Country Runner Unique Ford taking 1st place at the 2019 Central Section CIF Cross Championships at Woodward Park. Unique also moved up the ALL-Time ranking of the Division 2 Female runners in the section and with her winning time of (18:15) she is now ranked 4th. Unique and teammates Linda Perez and Julia Martinez, who also qualified to move on, will now run together one last time at the State CIF Championships. Your Coyotes also were recognized with ALL League CMAC honors!!

Women's Volleyball Team with All League Honor
Isbella Saucedo (1st Team), also named "League MVP"!!

Joining her are Sofia Perez (1st Team not pictured) and Mariyah Alvarez (2nd Team).



For Men's Water polo, Blake Favors earned (1st Team) honors and William Prim (2nd Team) honors.



Women's Water polo represented by Bailey Hansen (1st Team), who too was also named League MVP!! Emily Lopez-Ibarra(1st Team) and Lola Gill(1st Team) and Tara Goertzen (2nd Team not pictured) and Katelyn Ylarregui (2nd Team).



We also had (2) Head Coaches who were voted by their peers as Head Coaches of the Year!! Erik Baymiller for Women's Water polo and Head Coach Meghan Haas for Women's Volleyball!!



Congratulations to our All League recipients and to Erik and Meghan on a job well done!!